



PHY208 – atoms and lasers

Lecture 2

Light Amplification by Stimulated Emission of Radiation

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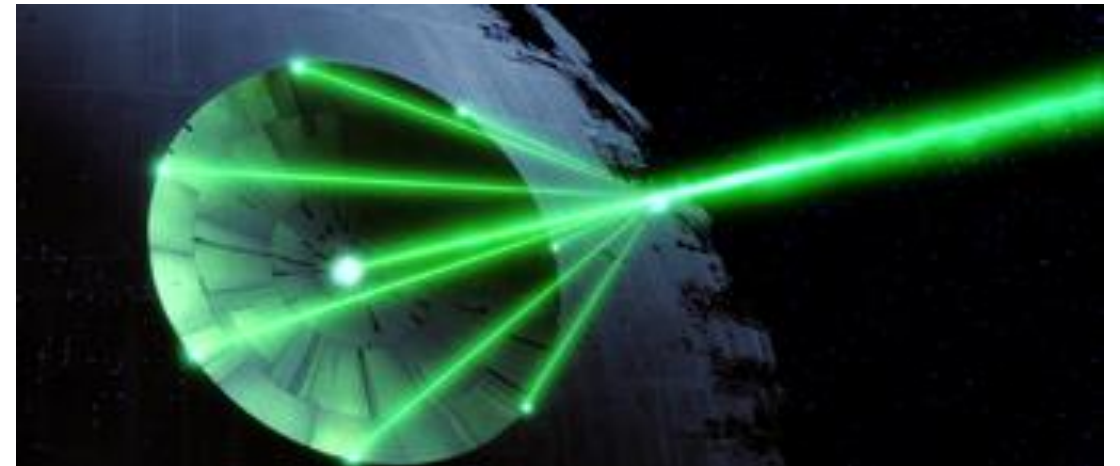
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Outline of lecture 2



How does a (continuous monomode) laser actually work ?

- I. A classical model for lasers: gain and phase conditions
- II. Optical gain, population inversion and saturation intensity
- III. Laser operation (steady state)
- IV. Laser operation (mode competition)



I. What is a LASER ?

L.A.S.E.R. : Light Amplification by Stimulated Emission of Radiation

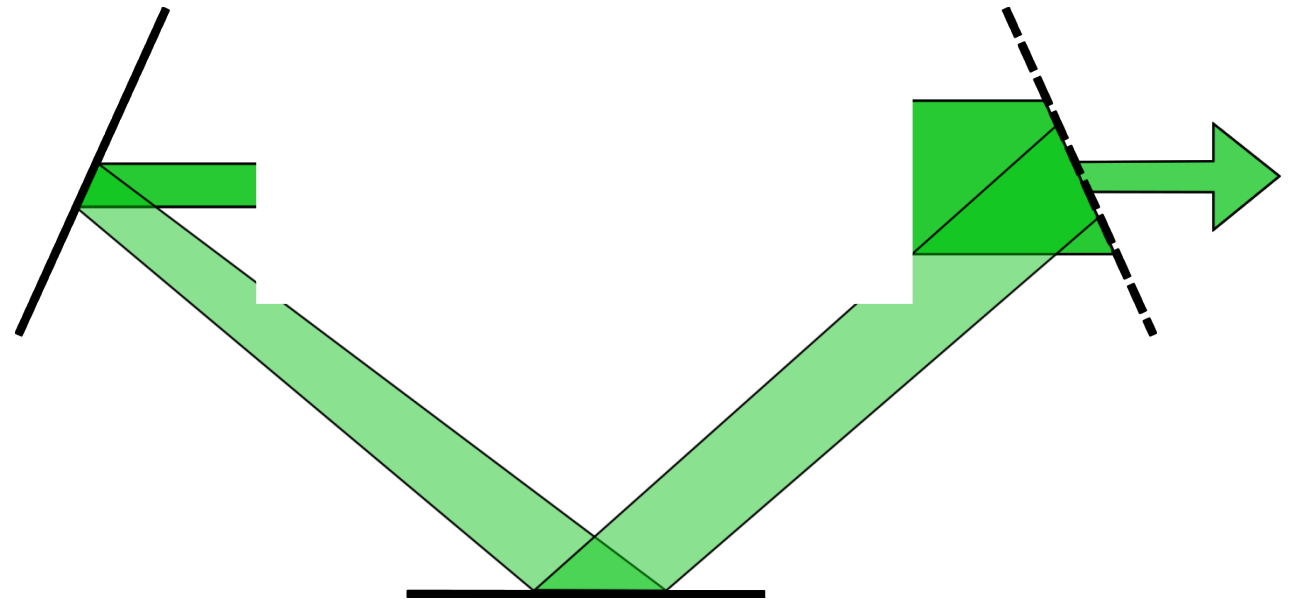


Two main ingredients :

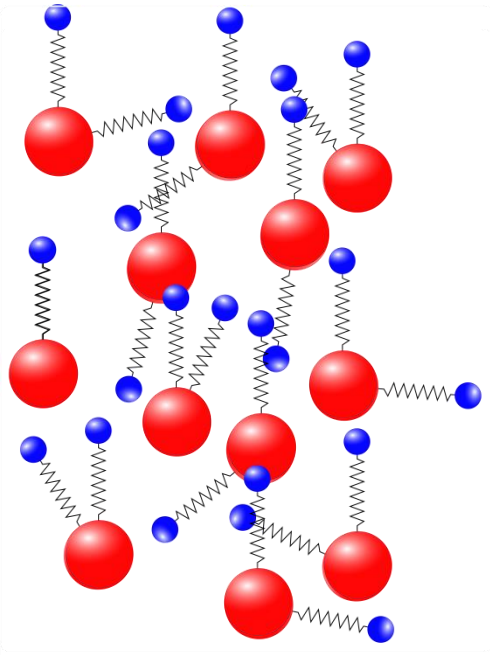
An optical cavity (« oscillator »)

An amplifying medium (« gain »)

(an output mirror)



I. Reminder on light propagation (1/2)



Classical model

Lorentz model :

$$m_e \frac{d^2}{dt^2} \mathbf{r} = -m_e \omega_0^2 \mathbf{r} - m\Gamma \frac{d}{dt} \mathbf{r} - q\mathbf{E}$$

Monochromatic excitation :

$$\mathbf{r} = \mathbf{r}_0 e^{-i\omega t}$$

Susceptibility definition :

$$\mathbf{P} = -nq\mathbf{r}_0 = \epsilon_0 \chi \mathbf{E}$$

Lorentz susceptibility :

$$\chi = -\frac{ne^2}{m\epsilon_0} \frac{1}{\omega^2 - \omega_0^2 + i\omega\Gamma} = \underbrace{\frac{ne^2}{m\epsilon_0} \frac{\omega_0^2 - \omega^2}{(\omega^2 - \omega_0^2)^2 + \omega^2\Gamma^2}}_{\chi'} + i \underbrace{\frac{ne^2}{m\epsilon_0} \frac{\omega\Gamma}{(\omega^2 - \omega_0^2)^2 + \omega^2\Gamma^2}}_{\chi''}$$

I. Reminder on light propagation (2/2)

Dispersion relation :
Wave vecteur \leftrightarrow frequency

$$k^2 = \frac{\omega^2 n^2}{c^2}$$

Linear homogeneous isotropic medium :
Optical index \leftrightarrow susceptibility

$$n^2 = 1 + \chi$$

Small susceptibility limit:
Wave vector \leftrightarrow susceptibility

$$k \simeq \underbrace{\left(1 + \frac{\chi'}{2}\right) \frac{\omega}{c}}_{k'} + i \underbrace{\frac{\chi''}{2} \frac{\omega}{c}}_{k''}$$

Propagation through this medium :

$$\mathcal{E}(x) = e^{ikx} \mathcal{E}(0) = e^{-k''x} e^{ik'x} \mathcal{E}(0)$$

Notion of gain :

Intensity:

$$I = \frac{1}{2\mu_0 c} |\mathcal{E}|^2$$

Beer Lambert :

$$I(x) = I(0) e^{-2k''x}$$

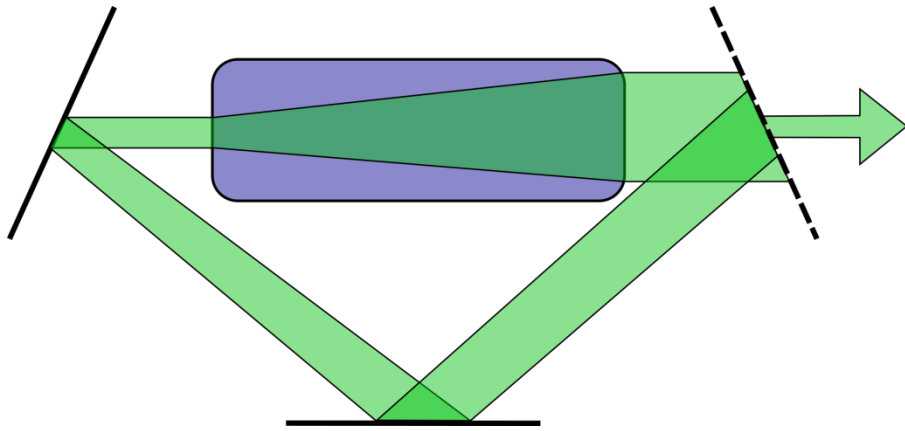
$$-2k'' = -\alpha = g$$

Wave number Abs. Coeff. Gain

Units : $[(c)m^{-1}]$ sometimes $[dB.m^{-1}]$



I. Classical model



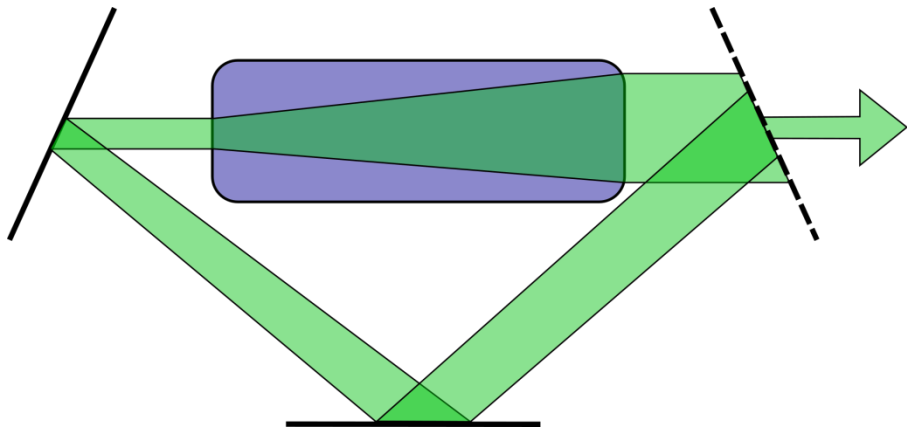
Consider the field propagation in a cavity round trip

$\mathcal{E}(0)$

- « Amplifying medium » of thickness d
- Reflexion on the output mirror
- Propagation in the empty cavity
- (Two additional reflexions)
- Parasitic losses

$$\mathcal{E}(L) = \mathcal{E}(0) \times \underbrace{r e^{-k''d} e^{-\frac{\alpha_0 L}{2}}}_{\text{amplitude}} \times \underbrace{e^{ik'd} e^{ik_0(L-d)} e^{i\theta}}_{\text{phase}}$$

I. Lasing conditions



$$\mathcal{E}(L) = \mathcal{E}(0) \times \underbrace{r e^{-\frac{\alpha_0 L}{2}} e^{-k'' d}}_{\text{amplitude}} \times \underbrace{e^{ik' d} e^{ik_0(L-d)} e^{i\theta}}_{\text{phase}}$$

Steady state : $E(L) = E(0)$

Two conditions are necessary to allow such a steady-state :

→ Condition on amplitude :

$$r \exp(-k'' d) \exp\left(-\frac{\alpha_0 L}{2}\right) = 1$$

Amplification compensates losses

$$\Rightarrow \chi'' < 0$$

$$\Rightarrow \frac{ne^2}{m\epsilon_0} \frac{\omega\Gamma}{(\omega_0^2 - \omega^2)^2 + \omega^2\Gamma^2} < 0$$

→ Condition on phase :

$$k' d + k_0 (L - d) + \theta = 2p\pi$$

Constructive interference



Outline of lecture 2



How does a (continuous monomode) laser actually work ?

I. A classical model for lasers: gain and phase conditions

**II. Optical gain, population inversion
and saturation intensity**

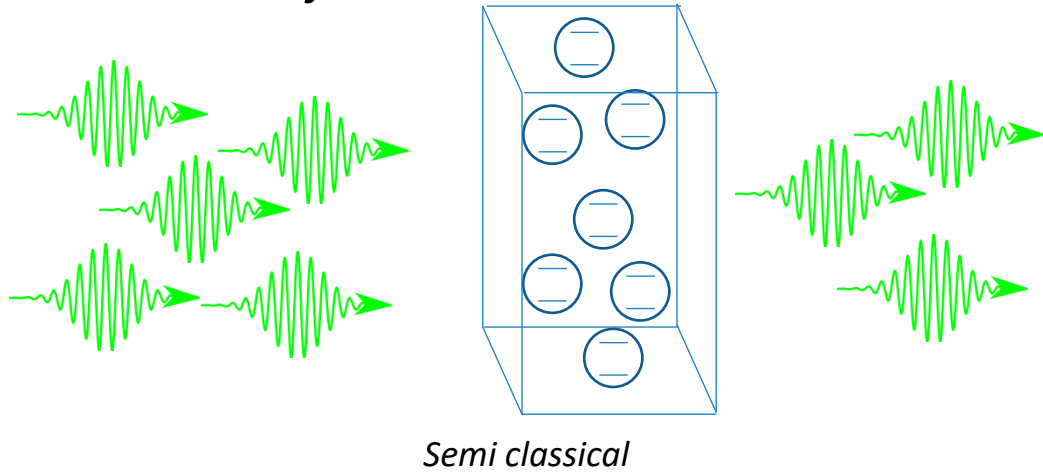
III. Laser operation (steady state)

IV. Laser operation (mode competition)



II. Population inversion

Reminder from lecture 1 :



Energy balance on the radiation traveling through a slab :

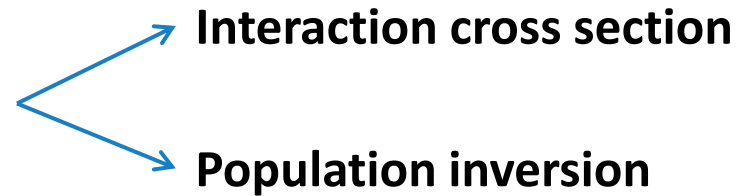
Interaction cross section

$$r_{\text{abs}} = r_{\text{stim}} = \frac{\sigma I}{h\nu}$$

Beer lambert law

$$\frac{d}{dx} I = \sigma (n_e - n_g) I$$

Gain depends on

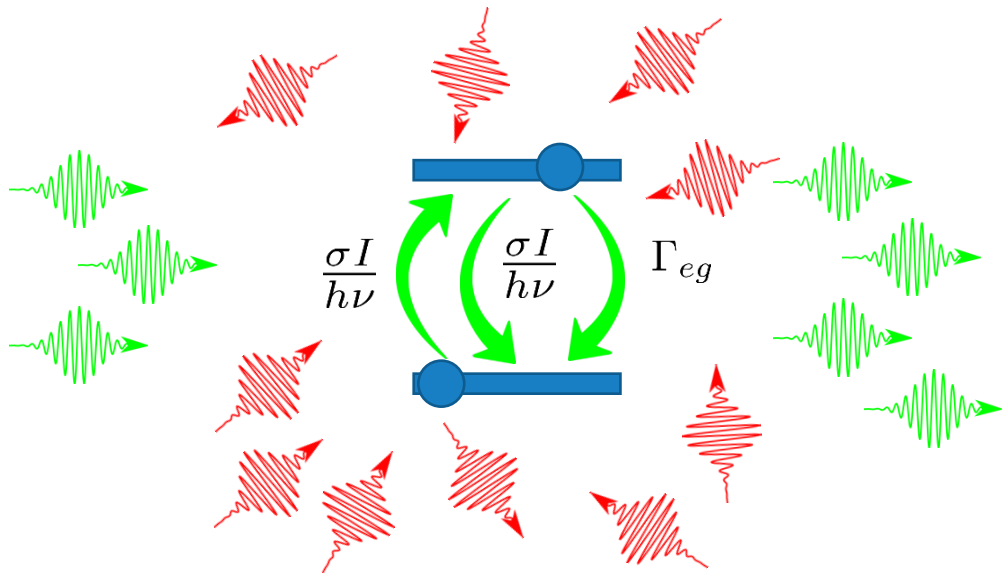


$$g = \sigma_{eg} \underbrace{(n_e - n_g)}_{\Delta n}$$

To provide amplification, we need more atoms in the excited state than in the ground state.

II. Inversion schemes : 2 lvls system

How to get more atoms in the excited state than in the ground state ?

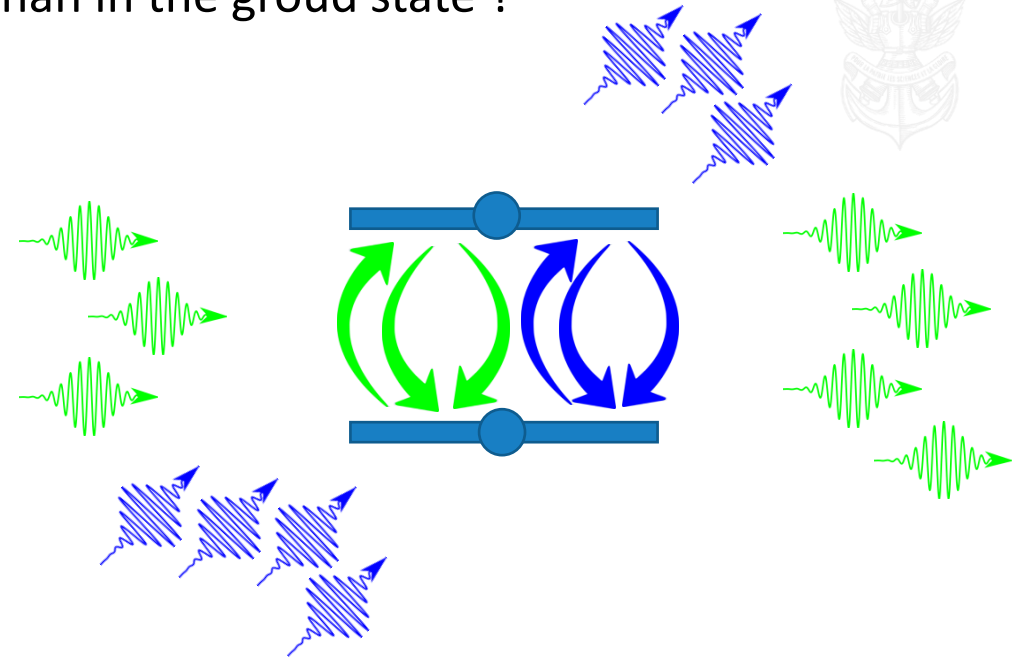


Option 1 : Increase temperature ?

$$\text{Thermal equilibrium : } \frac{n_e}{n_g} = \exp\left(-\frac{E_e - E_g}{k_B T}\right) \leq 1$$



Thermal equilibrium has to be broken



Option 2 : Add another « pump » beam

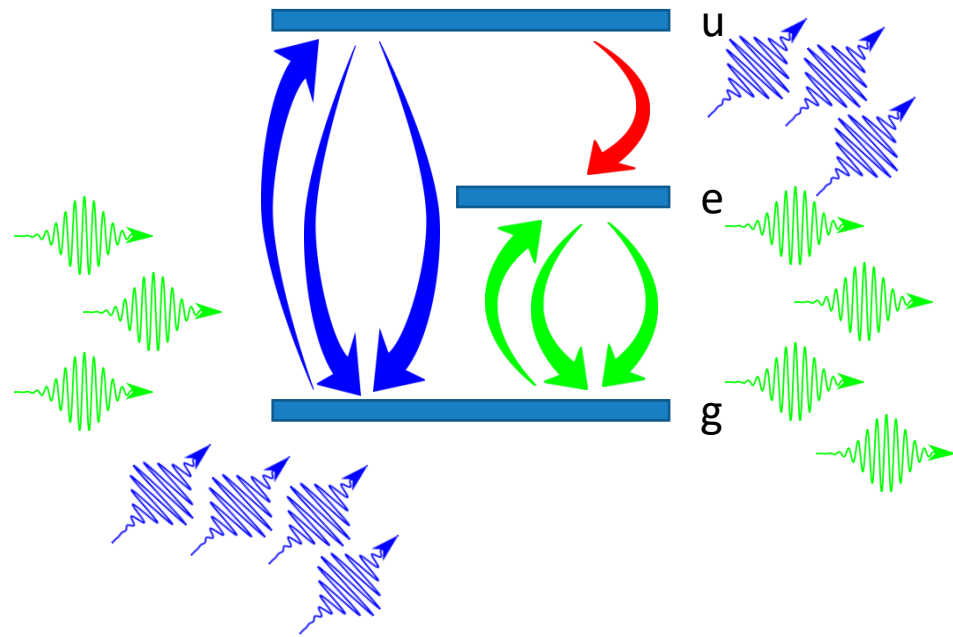
$$\frac{n_e}{n_g} = \frac{\frac{\sigma_L I_L}{h \nu_L} + \frac{\sigma_p I_p}{h \nu_p}}{\Gamma_{eg} + \frac{\sigma_L I_L}{h \nu_L} + \frac{\sigma_p I_p}{h \nu_p}} \leq 1$$



Can't pump a 2 level system to inversion

II. Inversion schemes : 3 lvls system

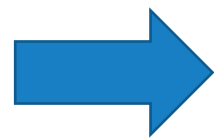
Trick : introduce a 3rd level



Lasing transition between excited and ground state.

Pump atoms from the ground state to the « up » state
(Spontaneous and stimulated emission to ground state also occur)

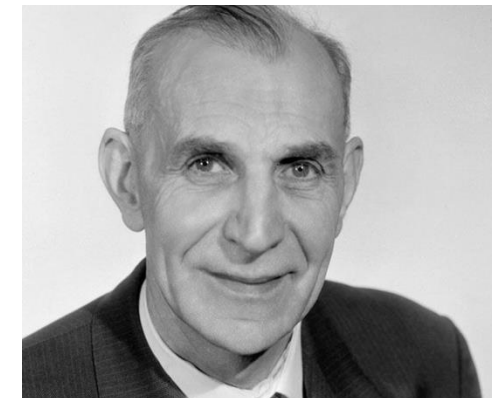
The « up » state can spontaneously decay to excited state.
If this decay is fast, atoms accumulate in the excited state



Optical pumping strategy



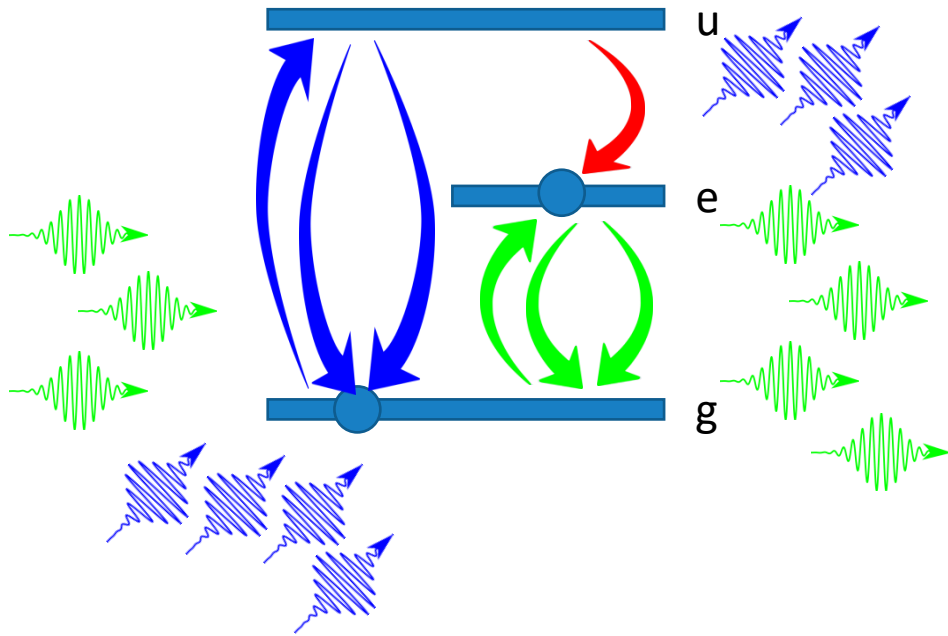
1966, "for the discovery and development of optical methods for studying Hertzian resonances in atoms."



Alfred Kastler

II. Inversion schemes : 3 lvls system

Trick : introduce a 3rd level



Pump atoms from the ground state to the « up » state

$$r_{abs}^{u-g} = \frac{\sigma_{ug} I_p}{h\nu_p} = W_p \quad r_{stim}^{u-g} = W_p \quad r_{spont}^{u-g} = \Gamma_{ug}$$

Pump rate, usual notation.

The « up » state can spontaneously decay to excited state.

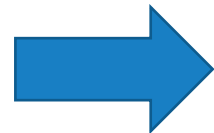
$$r_{spont}^{u-e} = \Gamma_{ue}$$

Lasing transition between excited and ground state.

$$r_{abs}^{g-e} = \frac{\sigma_{eg} I_L}{h\nu_L} \quad r_{stim}^{g-e} = \frac{\sigma_{eg} I_L}{h\nu_L} \quad r_{spont}^{g-e} = \Gamma_{eg}$$

Balance of population on the up state :

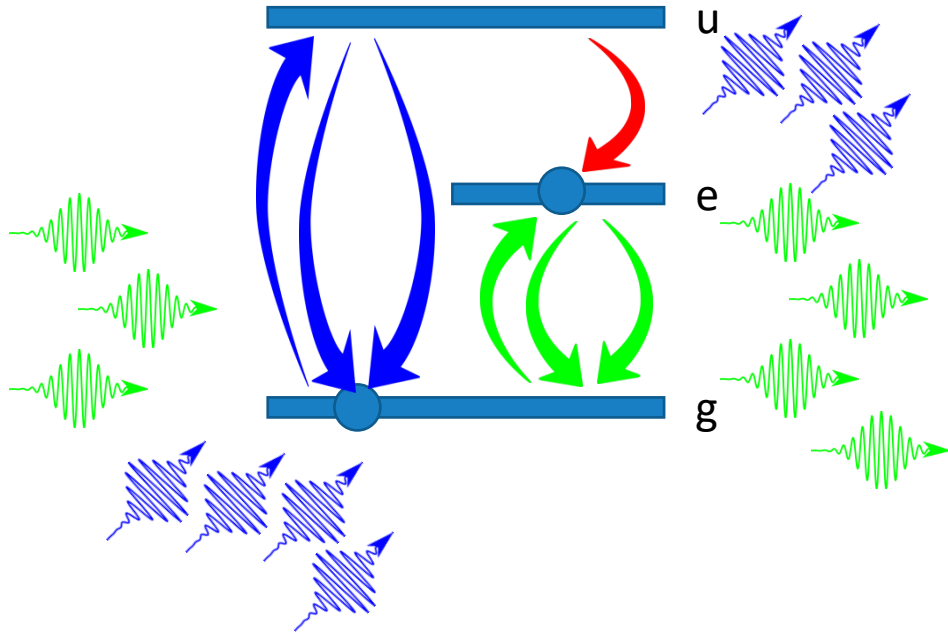
$$n_u(t + dt) = n_u(t) + W_p n_g(t)dt - W_p n_u(t)dt - \Gamma_{ug} n_u(t)dt - \Gamma_{ue} n_u(t)dt$$



$$\frac{d}{dt} n_u = W_p n_g(t) - (W_p + \Gamma_{ug} + \Gamma_{ue}) n_u(t)$$

II. Inversion schemes : 3 lvls system

Trick : introduce a 3rd level



Hypothesis : fast decay $u \rightarrow e$

$$n_u = \frac{W_p}{W_p + \Gamma_{ug} + \Gamma_{ue}} n_g \simeq \frac{W_p}{\Gamma_{ue}} n_g$$

Rate equations :

$$\frac{d}{dt} n_u = W_p n_g(t) - (W_p + \Gamma_{ug} + \Gamma_{ue}) n_u(t)$$

$$\frac{d}{dt} n_e = \frac{\sigma_{eg} I_L}{h\nu_L} n_g(t) + \Gamma_{ue} n_u(t) - \left(\frac{\sigma_{eg} I_L}{h\nu_L} + \Gamma_{eg} \right) n_e(t)$$

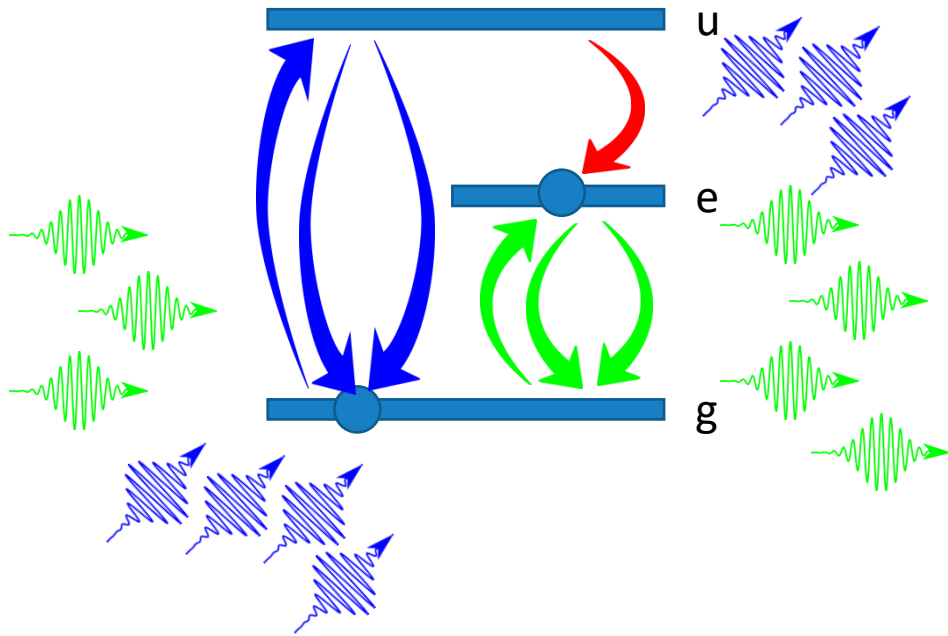
$$\begin{aligned} \frac{d}{dt} n_g = & \left(\frac{\sigma_{eg} I_L}{h\nu_L} + \Gamma_{eg} \right) n_e(t) + (W_p + \Gamma_{ug}) n_u(t) \\ & - \left(\frac{\sigma_{eg} I_L}{h\nu_L} + W_p \right) n_g(t) \end{aligned}$$

Population inversion dynamics:

$$\frac{d}{dt} \Delta n = (W_p - \Gamma_{eg}) n_{tot} - \left(W_p + \Gamma_{eg} + 2 \frac{\sigma_{eg} I}{h\nu} \right) \Delta n$$

II. Inversion schemes : 3 lvls system

Trick : introduce a 3rd level



Hypothesis : fast decay $u \rightarrow e$

$$n_u = \frac{W_p}{W_p + \Gamma_{ug} + \Gamma_{ue}} n_g \simeq \frac{W_p}{\Gamma_{ue}} n_g$$

Rate equations :

$$\frac{d}{dt} n_u = W_p n_g(t) - (W_p + \Gamma_{ug} + \Gamma_{ue}) n_u(t)$$

$$\frac{d}{dt} n_e = \frac{\sigma_{eg} I_L}{h\nu_L} n_g(t) + \Gamma_{ue} n_u(t) - \left(\frac{\sigma_{eg} I_L}{h\nu_L} + \Gamma_{eg} \right) n_e(t)$$

$$\begin{aligned} \frac{d}{dt} n_g = & \left(\frac{\sigma_{eg} I_L}{h\nu_L} + \Gamma_{eg} \right) n_e(t) + (W_p + \Gamma_{ug}) n_u(t) \\ & - \left(\frac{\sigma_{eg} I_L}{h\nu_L} + W_p \right) n_g(t) \end{aligned}$$

Stationary state :

$$n_e - n_g = \frac{W_p - \Gamma_{eg}}{W_p + \Gamma_{eg}} \frac{1}{1 + \frac{2\sigma_{eg} I_L}{h\nu_L (W_p + \Gamma_{eg})}} n_{\text{tot}}$$

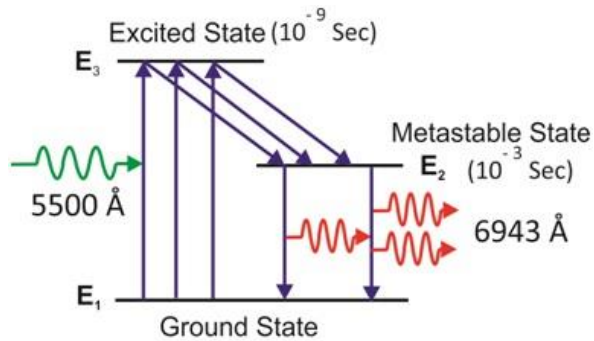
If $W_p > \Gamma_{eg}$



Happy ?

II. Population inversion in practice

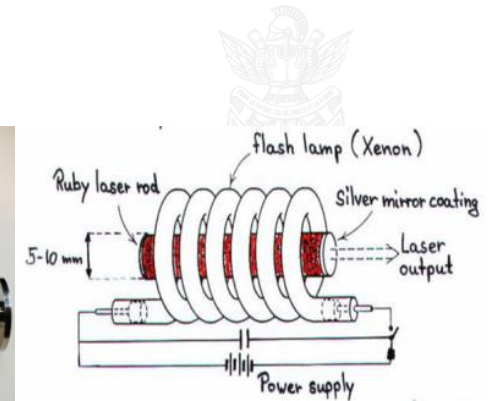
The historical 3 levels system (*Ruby laser*)



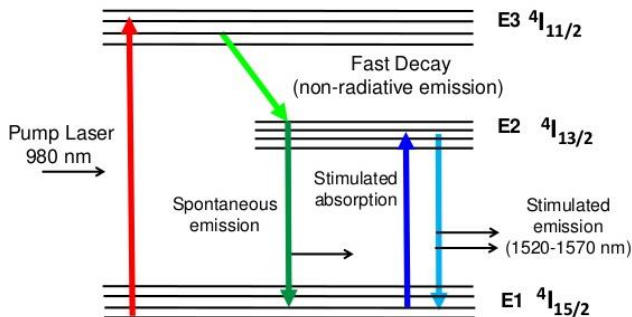
Energy Level Diagram of Ruby LASER

Pump with a flash light

Convert energy from incoherent light into a laser beam



Side remark : Technological application (*Erbium doped fibered amplifier*)



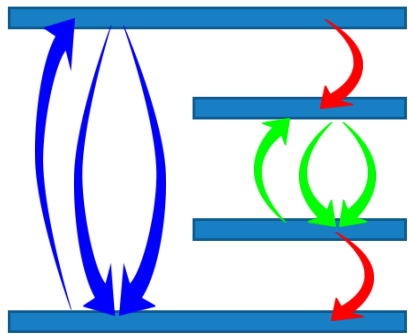
Pump with a laser light

Convert energy from one laser beam into another beam



II. Laser culture : inversion strategies (1/2)

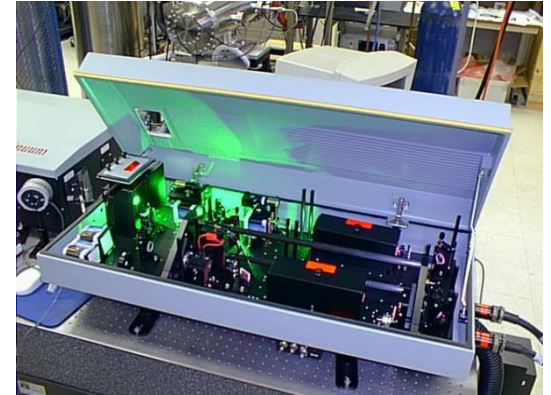
Improved scheme : 4 levels system (YAG)



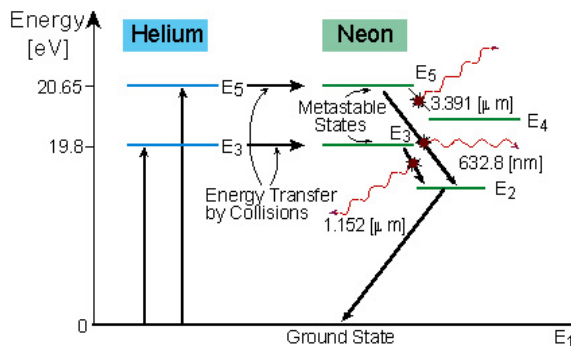
less population on the lasing ground state



less absorption of the laser beam

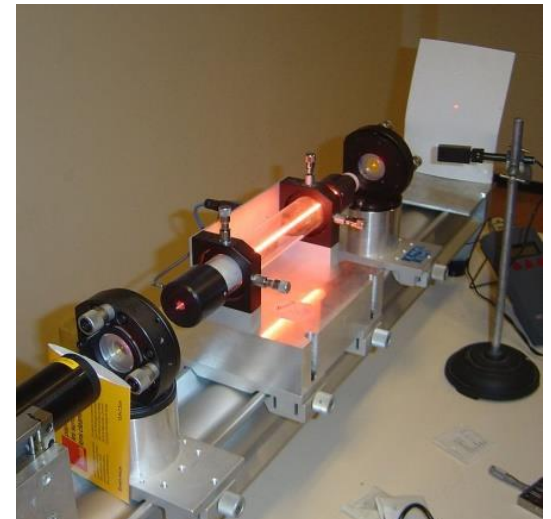


Gas laser : electrical discharge (He-Ne)



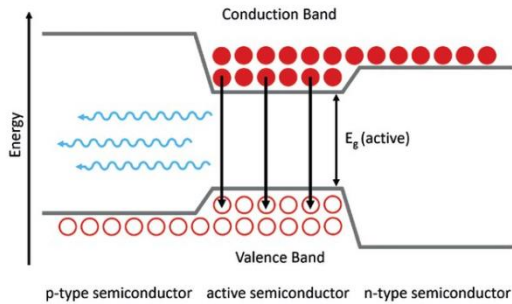
Accelerated electrons collide with atoms

Direct (e^- - atom) or indirect (e^- - atom - atom) energy transfer



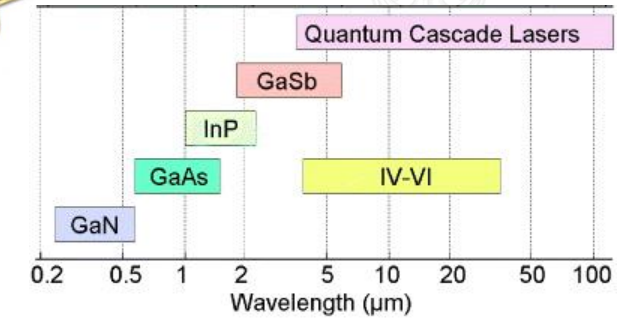
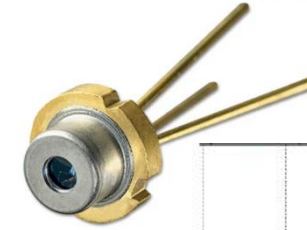
II. Laser culture : inversion strategies (2/2)

Laser diode : electrical injection

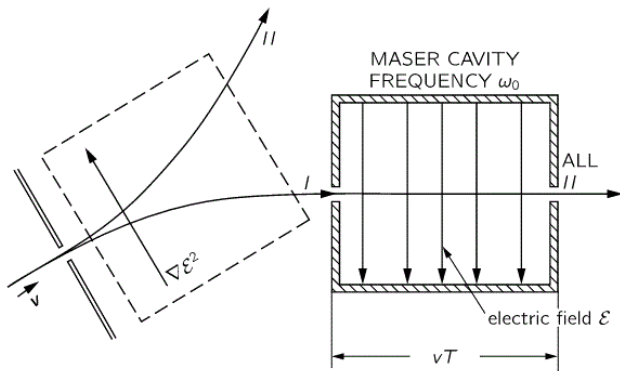


Extract electrons from low energy levels

Inject electrons in high energy levels



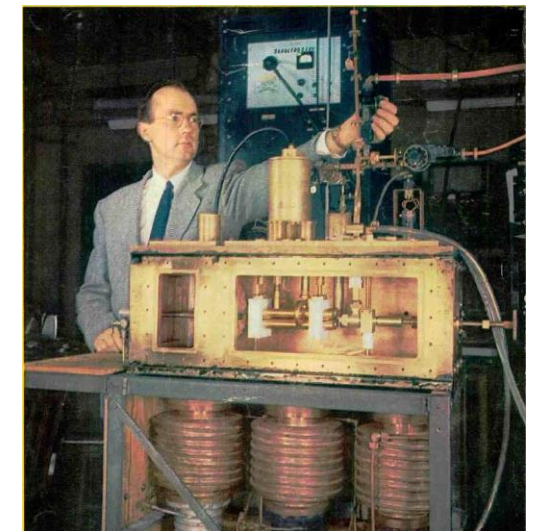
Ammonia Maser : state selectivity



Reminder (Phy205) : ammonia molecule in a field

$$E_{\pm} = E_0 \pm \sqrt{J^2 + q^2 \delta^2 \mathcal{E}^2}$$

Select only molecules in ψ_+ state



Outline of lecture 2



How does a (continuous monomode) laser actually work ?

I. A classical model for lasers: gain and phase conditions

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and saturation intensity

III. Laser operation (steady state)

IV. Laser operation (mode competition)



III. Back to optical gain

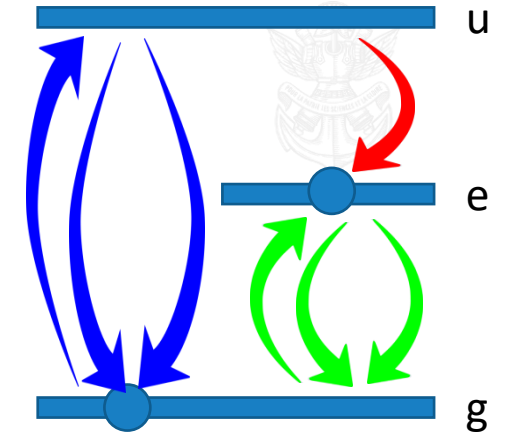
Population in a 3 level system :

$$n_e - n_g = \frac{W_p - \Gamma_{eg}}{W_p + \Gamma_{eg}} \frac{1}{1 + \frac{2\sigma_{eg} I_L}{h\nu_L (W_p + \Gamma_{eg})}} n_{\text{tot}}$$

Gain in a 3 level system :

(actually, very generic form)

$$g = \sigma \Delta n = \frac{g_0}{1 + I/I_{\text{sat}}}$$



Unsaturated gain [m⁻¹]

$$g_0 = \sigma \frac{W_p - \Gamma_{eg}}{W_p + \Gamma_{eg}} n_{\text{tot}}$$

Saturation intensity [W.m⁻²]

$$I_{\text{sat}} = \frac{h\nu_L}{2\sigma_{eg}} (W_p + \Gamma_{eg})$$

III. Back to optical gain

Gain in a 3 level system :

Unsaturated gain [m⁻¹]

Saturation intensity [W.m⁻²]

$$g = \sigma \Delta n = \frac{g_0}{1 + I/I_{\text{sat}}}$$

$$g_0 = \sigma \frac{W_p - \Gamma_{eg}}{W_p + \Gamma_{eg}} n_{\text{tot}}$$

$$I_{\text{sat}} = \frac{h\nu_L}{2\sigma_{eg}} (W_p + \Gamma_{eg})$$

- Unsaturated gain increases with pumping rate (W_p), interaction cross section (σ), atomic density (n_{tot})
- Unsaturated gain decreases recombination rate (Γ_{eg})
- Amplification or absorption depending on $W_p - \Gamma_{eg}$

All atoms in g state

$$-\sigma n_{\text{tot}} \leq g_0 \leq \sigma n_{\text{tot}}$$

All atoms in e state

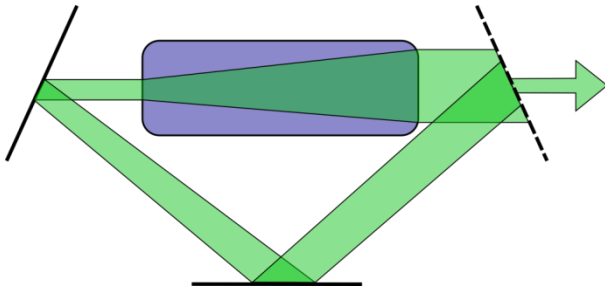
- Gain decreases with laser intensity

At low laser intensity, $g = g_0$

At high laser intensity,

$$g \underset{I \gg I_{\text{sat}}}{\sim} g_0 \frac{I_{\text{sat}}}{I} \rightarrow 0$$

III. Laser steady-state



$$I(L) = I(0)$$



$$R \exp(gd) \exp(-\alpha_0 L) = 1$$



$$\frac{g_0 d}{1 + I/I_{\text{sat}}} = \alpha_0 L + T$$

Optical gain

Optical losses

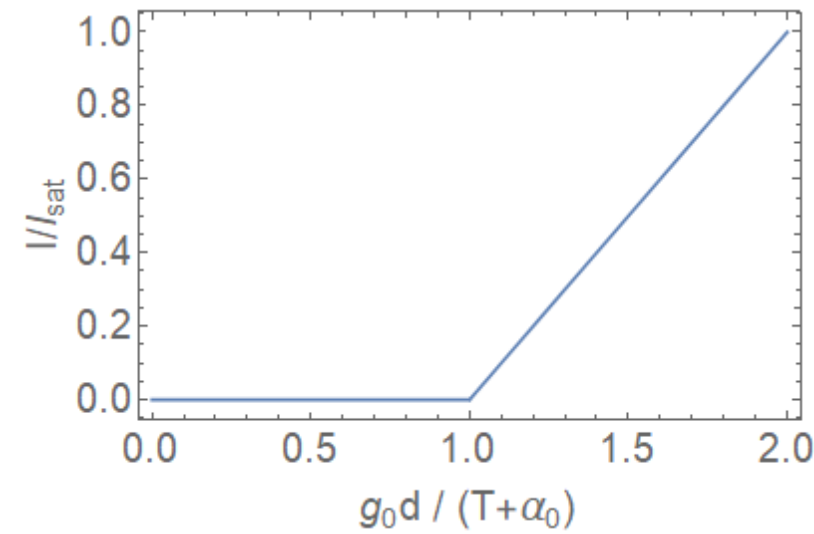
Laser intensity

$$I = I_{\text{sat}} \left(\frac{g_0 d}{T + \alpha_0 L} - 1 \right)$$

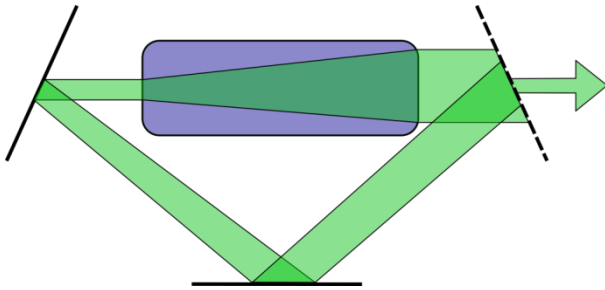
Necessary condition for $I > 0$:

Lasing threshold $g_0 d \geq T + \alpha_0 L$

Laser intensity adjusts to unsaturated gain and losses,
so that total gain (including saturation) = total loss



III. Laser steady-state



$$I(L) = I(0)$$



$$R \exp(gd) \exp(-\alpha_0 L) = 1$$



$$\frac{g_0 d}{1 + I/I_{\text{sat}}} = \alpha_0 L + T$$

Optical gain

Optical losses

Laser intensity

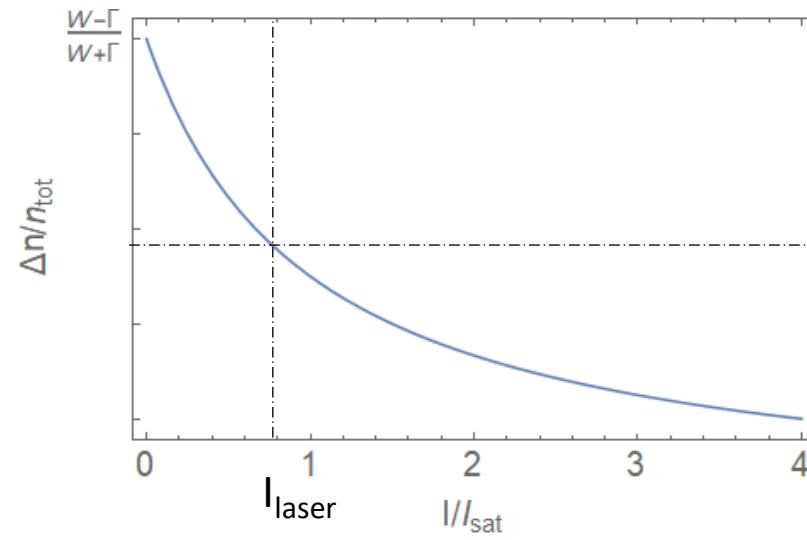
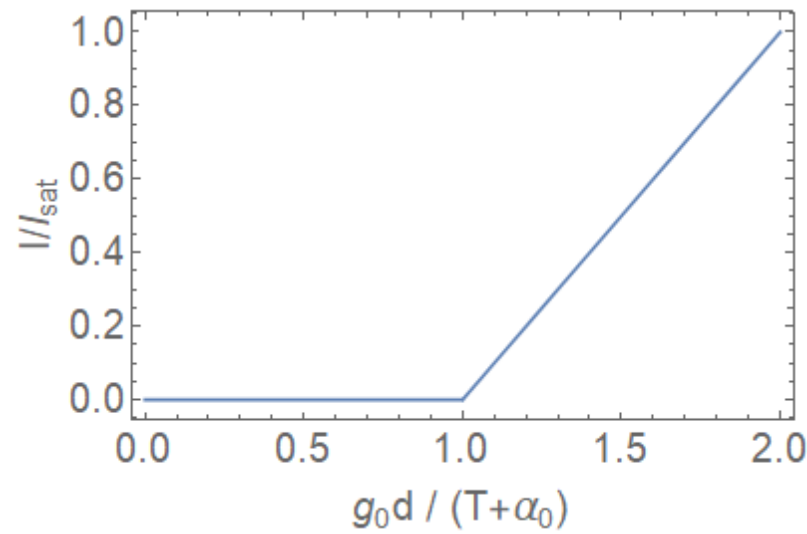
$$I = I_{\text{sat}} \left(\frac{g_0 d}{T + \alpha_0 L} - 1 \right)$$

Population inversion

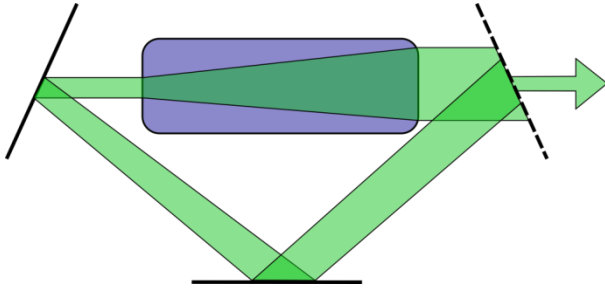
$$\begin{aligned} \Delta n &= n_{\text{tot}} \frac{W - \Gamma}{W + \Gamma} \frac{1}{1 + I/I_{\text{sat}}} \\ &= \frac{T + \alpha_0 L}{\sigma d} \end{aligned}$$

Such that gain = losses

No explicit dependence on I



III. Laser steady-state



$$R \exp(gd) \exp(-\alpha_0 L) = 1$$



$$\frac{g_0 d}{1 + I/I_{\text{sat}}} = \alpha_0 L + T$$

Optical gain

Optical losses

Laser intensity (inside the cavity)

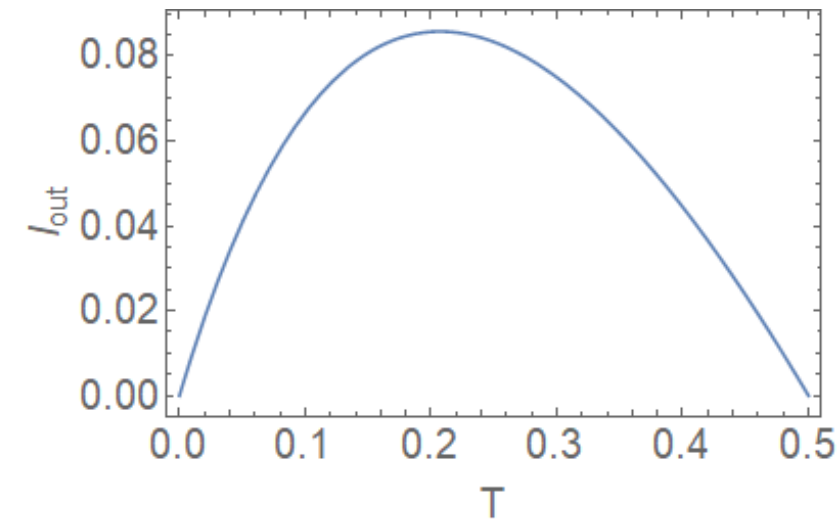
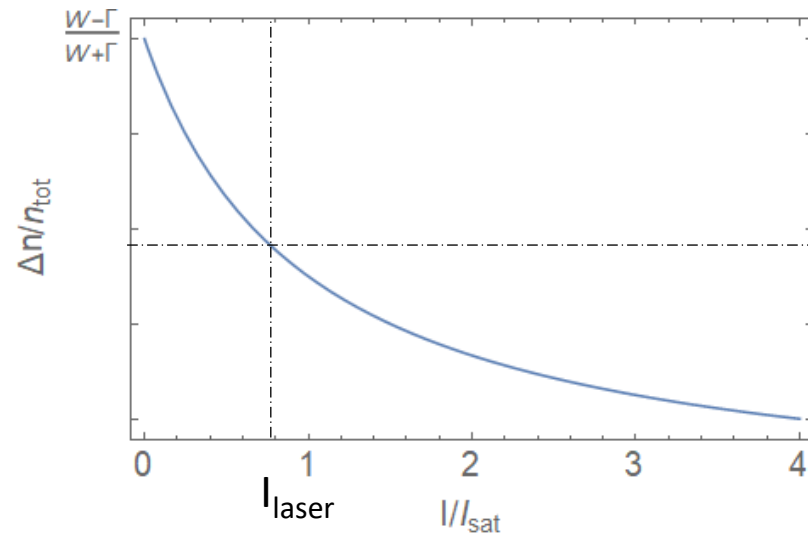
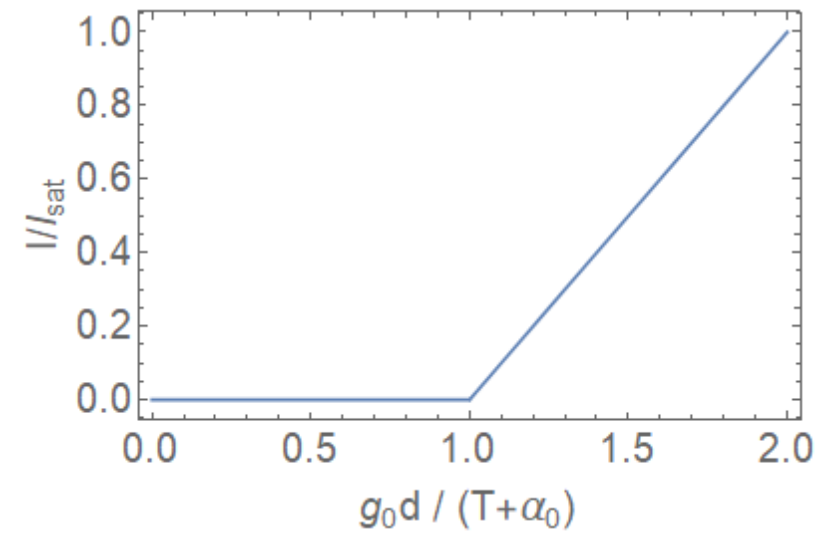
$$I = I_{\text{sat}} \left(\frac{g_0 d}{T + \alpha_0 L} - 1 \right)$$

Population inversion

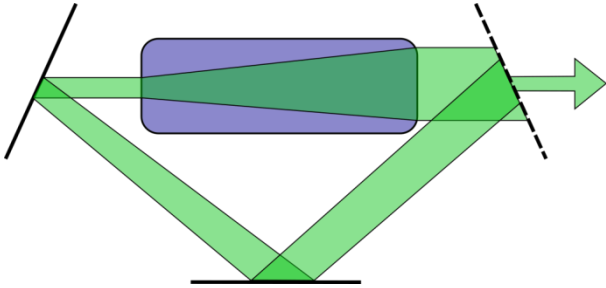
Such that gain = losses

Laser intensity (emitted)

$$I_{\text{out}} = T \times I_{\text{sat}} \left(\frac{g_0 d}{T + \alpha_0 L} - 1 \right)$$



III. What's next ?



Two conditions to have a laser :

Gain compensates losses



Requires population inversion
(What ? Why ? How ? How much ?)

Constructive interferences



Resonant cavity
(Not addressed with semi-quantum model)

Outline of lecture 2



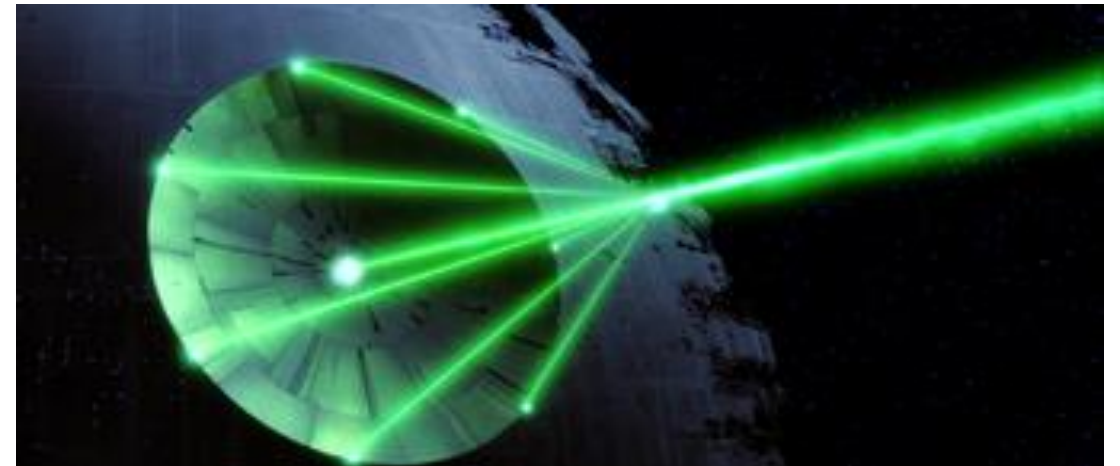
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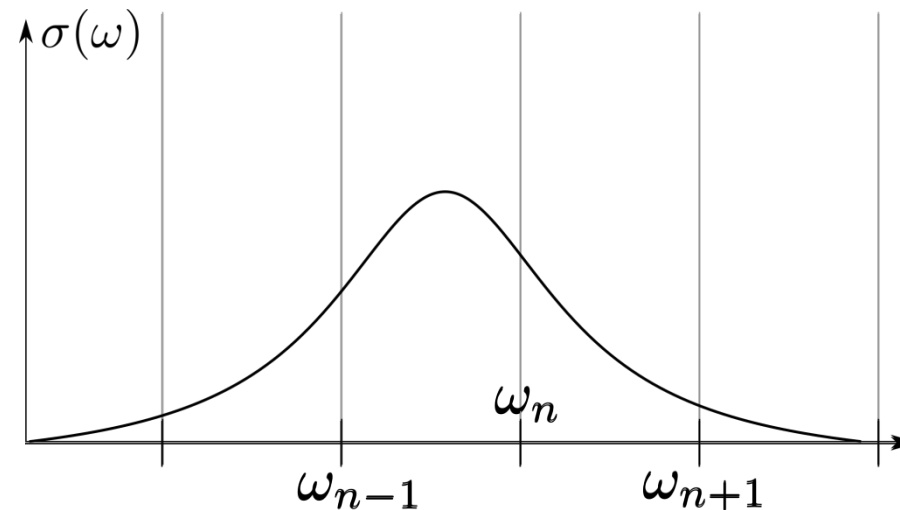


III. Lasing modes

So far, we have been working with only *one* frequency.

The cavity allows lasing at any frequency satisfying the phase condition $k'd + k_0(L - d) + \theta = 2p\pi$

The interaction cross section is maximal for resonant frequency, but has finite width

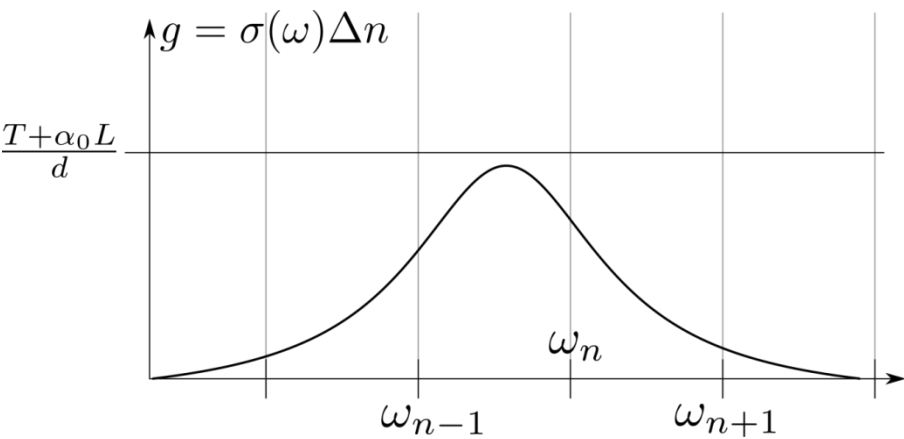


Several frequency could be considered

More generally : several **modes** (frequency, polarization, transverse profile...) can be considered.

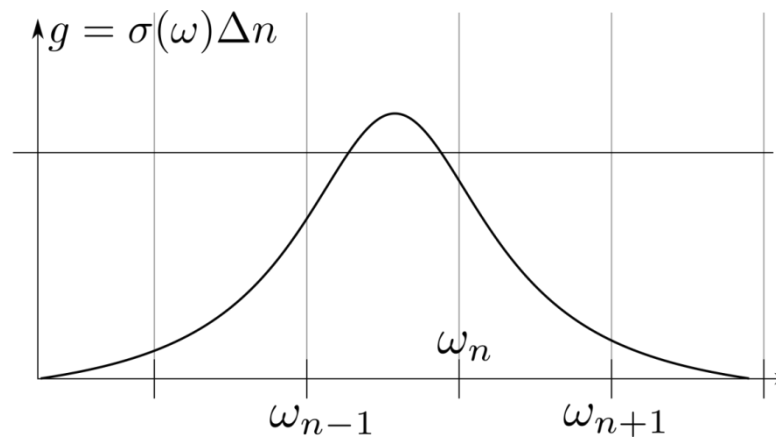
III. Will it lase?

Increasing pumping



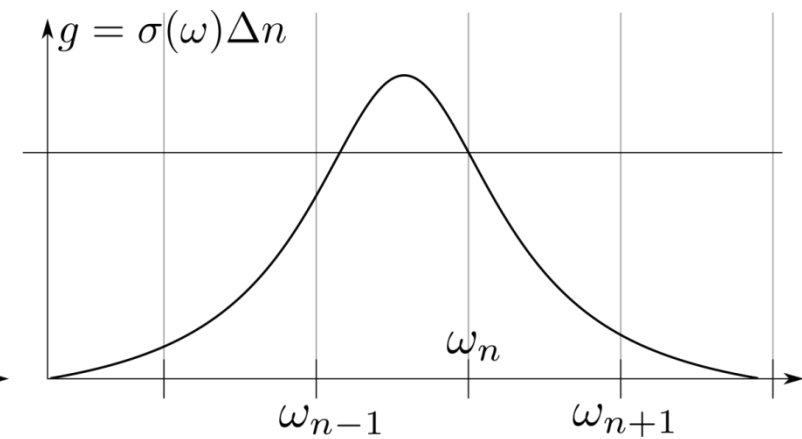
No

Because the gain is too small to compensate for losses



No

Because the gain is too small to compensate for losses at frequencies permitted by the cavity



Yes

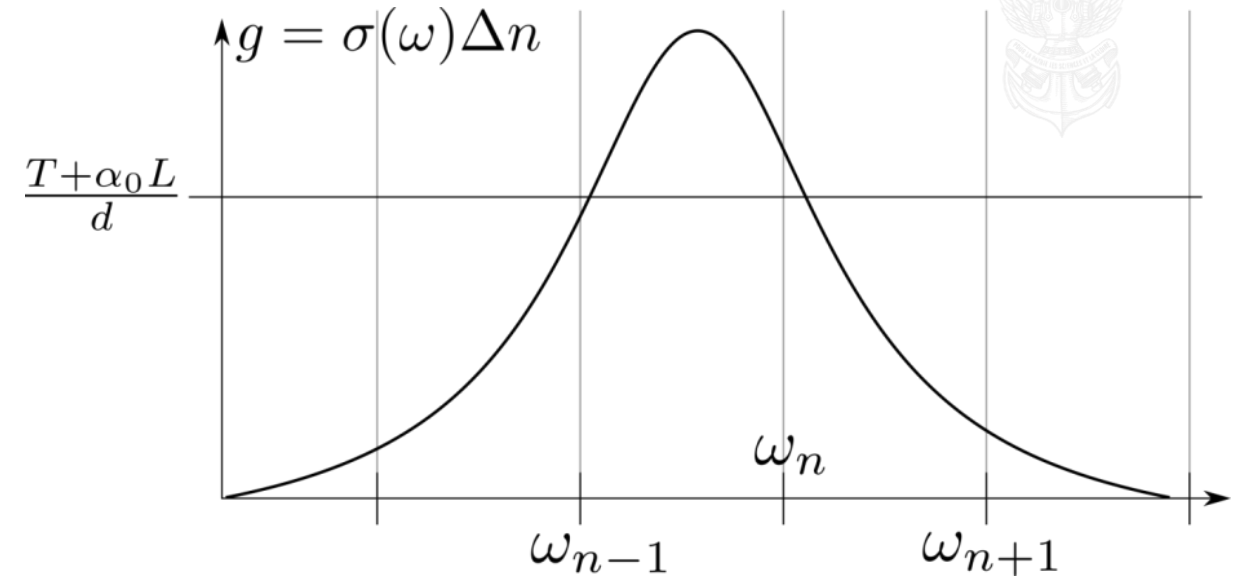
The gain is just sufficient to allow lasing at ω_n

III. Mode competition

We further increasing pumping, such that one mode is well above threshold



Population inversion adjusts so that total gain = total losses

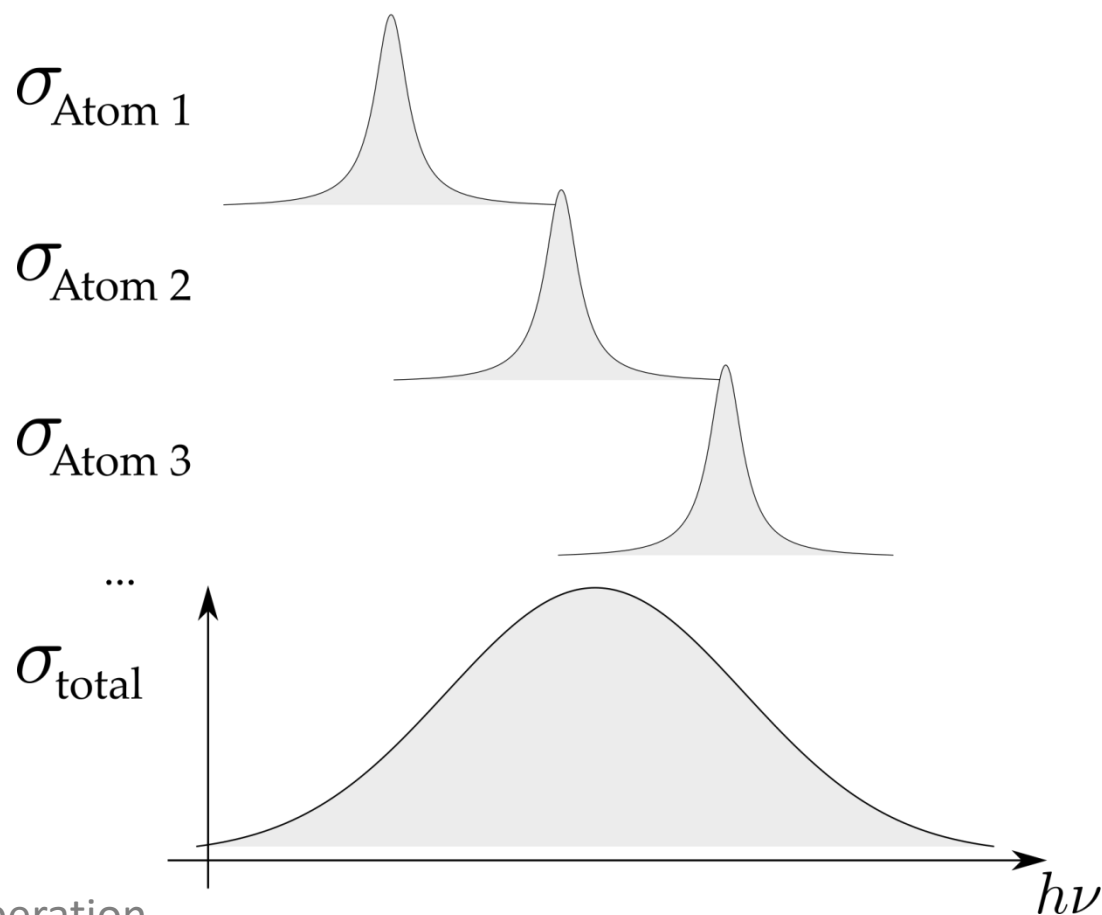


III. Mode competition

Which atoms are responsible for which gain ?

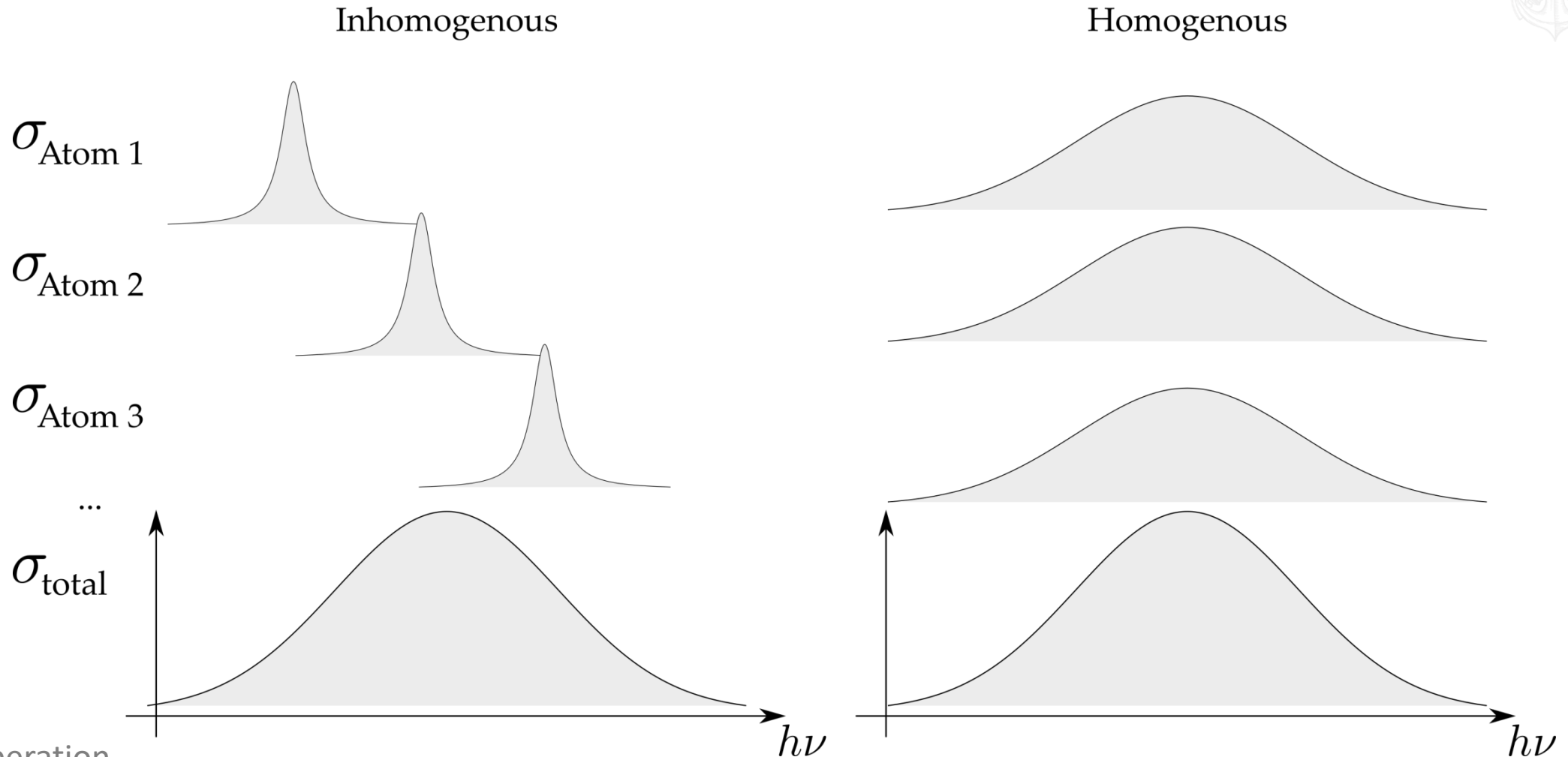


Inhomogenous



III. Mode competition

Which atoms are responsible for which gain ?



III. Mode competition

We further increasing puming, such that one mode is well above threshold



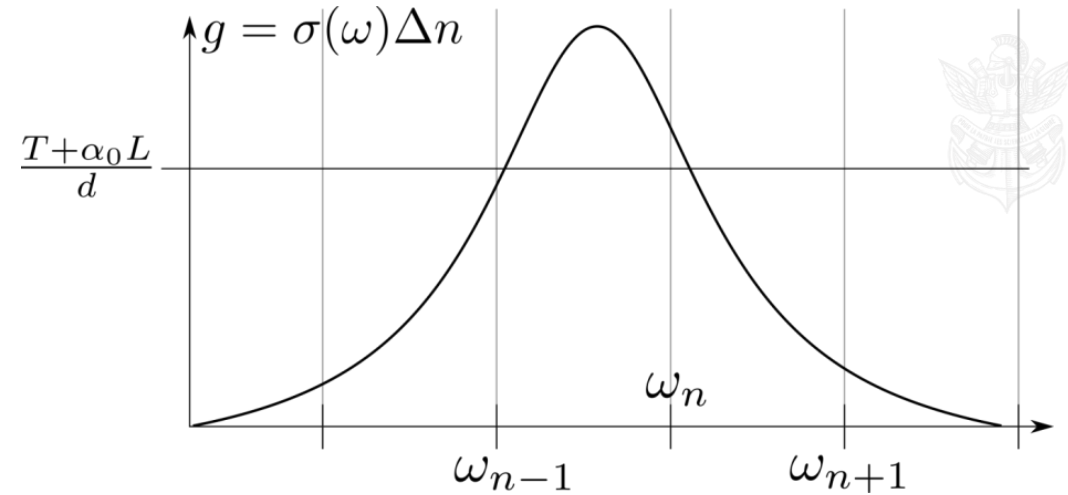
Population inversion adjusts so that total gain = total losses

Homogeneous gain :

All atoms are addressed by all modes

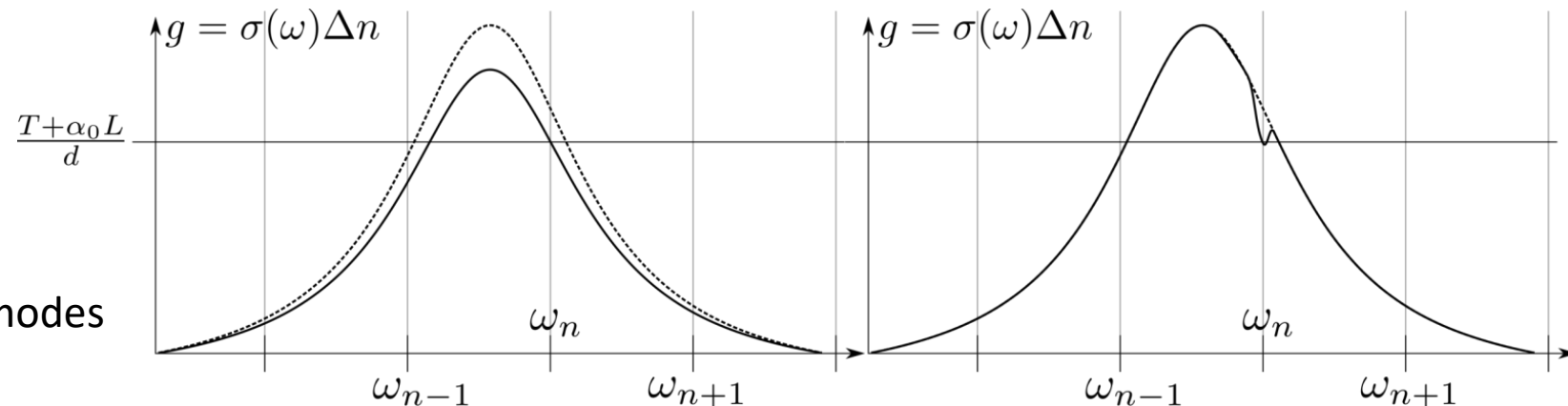
Inhomogeneous gain :

Different atoms are addressed by different modes



Homogenous

Inhomogenous



III. Mode competition

We further increasing puming, such that **two** modes is well above threshold

Inhomogeneous gain :

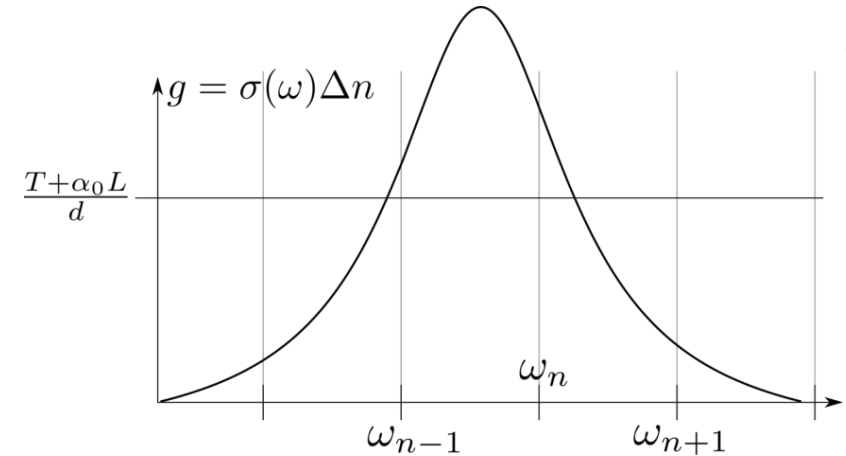
Laser intensity in 1 mode decreases gain in this mode

Modes are independent

Homogeneous gain :

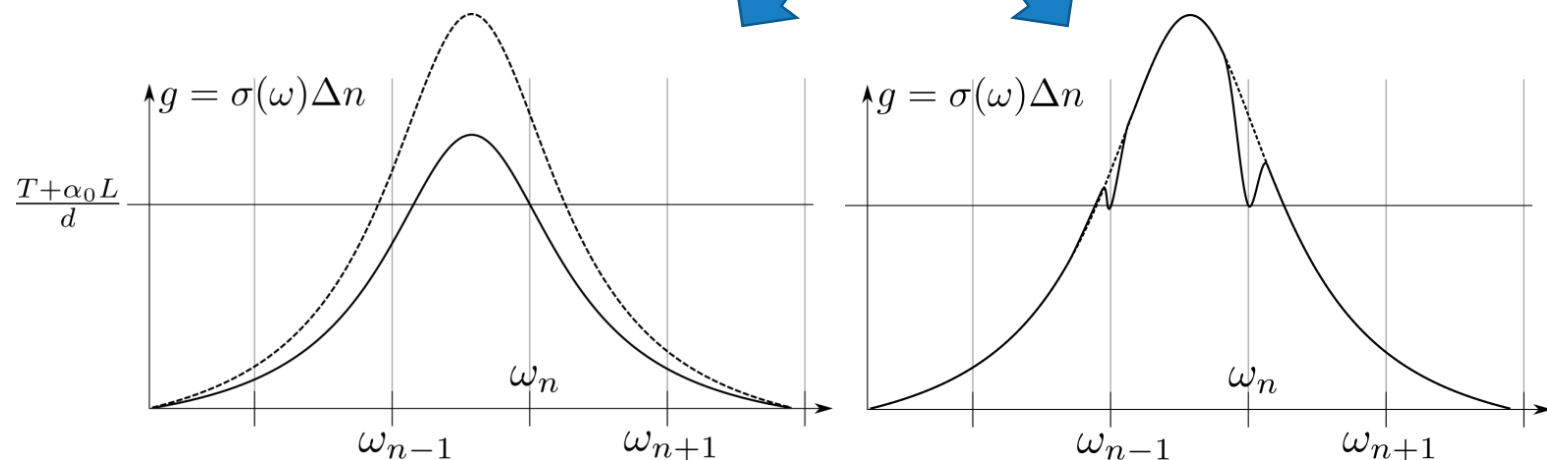
Laser intensity in 1 mode decreases gain in all modes

Mode competition !



Homogenous

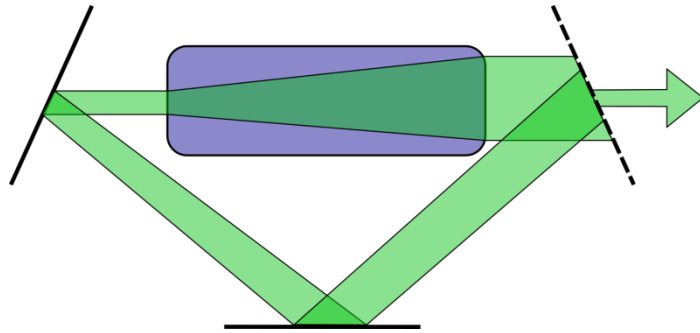
Inhomogenous



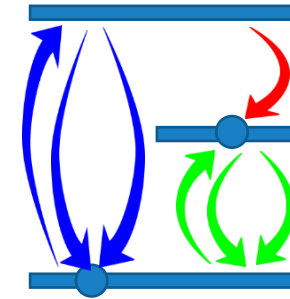
Take home message

An optical cavity (« oscillator ») → condition on phase

An amplifying medium (« gain ») → condition on ampl. / intensity



Introduced a 3 level systems.



$$r_{\text{abs}} = r_{\text{stim}} = \frac{\sigma I}{h\nu} = W$$

$$r_{\text{spont}} = \Gamma$$

Need gain to compensate losses (output + parasitic)

Impossible in Lorentz model,
requires population inversion.

$$g = \sigma_{eg} \underbrace{(n_e - n_g)}_{\Delta n}$$

Basic laser properties

$$g = \frac{g_0}{1 + I/I_{\text{sat}}}$$

Laser threshold,
Gain saturation,
Steady state intensity,
Steady state population inversion